



## TEXAS HIGH SCHOOL POWERLIFTING ASSOCIATION

David Wilbanks, President  
Rene Guzman, Vice President  
Barry Newton, Secretary  
Brad McCone, Business Manager

Dear Coaches,

Congratulations are in order for any school who has qualified a lifter or lifters to compete in the THSPA State Championships in Abilene, Texas. The THSPA Executive Committee will meet on March 12<sup>th</sup> to finalize details and provide for the most organized and competitive meet of the 2023 season. The following will be of interest to you as you plan your trip to Abilene.

**Date:** March 24<sup>th</sup> (Division 2/3) and March 25<sup>th</sup> (Division 1/4), 2023

**Place:** Taylor County Expo Center  
1700 Hwy. 36  
Abilene, Texas 79602

**Fee:** \$35 per lifter, to be paid at the time of registration. **Make checks payable to THSPA.**

### Things to Bring:

1. Entry Fee
2. Eligibility list signed by your principal or superintendent
3. State Meet Release Form
4. Drug Testing Affidavit

\*These forms can be found under the documents section of the THSPA website.

### Schedule:

Thursday March 23 <sup>rd</sup>	Registration/Packet Pick-up <b>Division 2/3 ONLY</b>	4:00PM
	<b>Early Weigh-In</b> <b>Division 2/3 ONLY</b>	4:30-6:30PM

Friday March 24 <sup>th</sup>	<b>Division 2/3</b> Same Day Weigh-in	2:00-3:30 PM
	<b>Division 2/3</b> – Opening Ceremony	4:30 PM
	<b>Division 1/4</b> Registration/Packet Pick-up	4:30 PM
	<b>Division 1/4</b> Early Weigh-in	5:00-6:30 PM
Saturday March 25 <sup>th</sup>	<b>Division 1/4</b> Same Day Weigh-In	6:00-7:30 AM
	<b>Division 1/4</b> - Opening Ceremony	8:00 AM

Lifters may weigh-in at either scheduled weigh-in for their division. In the event that a lifter does not make weight at the early weigh-in, he will have an additional opportunity to weigh-in on the day of their meet. Once a lifter has made his weight class, his expeditor card will be taken from him and no further weighing will be necessary nor will any changes of his opening lifts will be allowed.

There will be no alternates moved up into the standings after March 13<sup>th</sup>.

**Platform and Flighting Information:**

***\*\*Platform and Flighting information will be released after the THSPA Executive Committee meets on March 12<sup>th</sup>. \*\****

***We will move flights during the deadlift if we see that the need arises to help expedite the meet.***

## **Directions to Taylor County Expo Center:**

**From Fort Worth**-follow I-20 west to Abilene and take Exit 290 Loop 322. Turn left on Loop 322 and follow to exit for Hwy 36/Zoo/Airport/Expo Center. Turn right on Hwy 36 which is also East S. 11<sup>th</sup>. The Expo Center will be on the left side of Hwy 36/E.S. 11<sup>th</sup>. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From El Paso/Midland/Lubbock**- Follow I-20 east to Abilene and take Exit 290 Loop 322. Turn right on Loop 322. Turn right on Hwy 36 which is also East S. 11<sup>th</sup>. The Expo Center will be on the left side of Hwy 36/E.S. 11<sup>th</sup>. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From Highway 277**- Hwy 277 turns into S 14<sup>th</sup> Street. Stay on S.14<sup>th</sup> until you reach Treadaway and take a left onto Treadaway. Stay on Treadaway until you reach E.S. 11<sup>th</sup> and turn right on E.S. 11<sup>th</sup>. Stay on E.S. 11<sup>th</sup> until you reach the Expo Center on your right. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From Highway 83/84**- Follow Hwy 83/84 north to Abilene and exit Loop 322 toward the Airport. Exit at Hwy 36/Zoo/Airport/Expo Center. Turn left on Hwy 36 which is also E.S. 11<sup>th</sup> Street. The Expo Center will be on the left side of Hwy 36/E.S. 11<sup>th</sup>. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From Highway 36**- Stay on Hwy 36 until you reach Abilene. The Expo Center is at the corner of Hwy 36 and Loop 322 on your left.

## Miscellaneous Information

**Admission:** All tickets are \$10 for ages 5 and up. Tickets can be purchased ahead of time by going to [www.taylorcountyexpoctr.com](http://www.taylorcountyexpoctr.com). Tickets ordered online will be held at Will Call.

**Wristbands:** All coaches, wrappers, and support staff will be required to wear a wristband for admittance on the floor. The formula for the number of wristbands a school will receive is the Number of Lifters qualified PLUS 1 with a maximum of 4 wristbands. Lifters will only need their lifter number and will not require a wristband. No additional wristbands will be given or sold. Please keep these limitations in mind as you make plans for the meet and how many assistants, wrappers, and support staff you are planning to bring.

**Concessions:** Amacore Concessions will be providing Meal Deals for your lifters this year. They will be selling tickets during Registration/Package Pick-up on Friday and during the weigh-in on Saturday. **Please make your checks to AMACORE.** A Meal Deal will consist of a pulled pork sandwich, chips and a drink for \$7.00.

**T-Shirts:** State meet shirts and attire will be for sale. T-shirts will be \$20 and available on Friday and Saturday.

Hopefully this letter covers everything you need for the State Meet. If you have any questions, please contact me or your Regional Director.

Congratulations and good luck,

David Wilbanks  
THSPA President