** REGION 2 DIVISION 1 CHAMPIONSHIP REMINDERS **

**Athlete Entry Fee**

* $35 per lifter
* Make Checks payable to: **THSPA – Region 2-Division 1**
* Bring checks to either weigh in – **DO NOT MAIL CHECKS**
* Alternate checks should be separate- There are no cash refunds.
* You, as the coach, have until 4 pm on February 25, 2019 that a lifter that has qualified is NOT going to lift in the meet. After this time, the $35 lifter fee will be charged to that school/coach.

**Weigh In**

* Friday March 8, 2019 from 5:00pm to 6:30 pm.
* Saturday March 9, 2019 from 5:00am to 6:30am.
* At BHS Arena (locker room as always)
* Bring Release forms, drug testing affidavits, and eligibility forms to weigh in.

**Region 2 Division 1 Meet**

* March 9, 2019
* Judges meeting at 7:45am
* Coaches meeting at 8:00 am
* 3 platforms will be used and are from Lone Star Power & Performance, the same platforms as the state meet.
* 8:45 am BARS LOADED
* Awards to follow lifting. 1st – 5th Place Medals, Team and best lifter plaques, as well.

**Meal Plans, Concessions and Shirts**

* Athlete meals for lunch - $6.00 – Checks payable to **Burleson TD Booster Club**
* Breakfast will also be available for athletes.
* Coach lunch will be provided FOR POWERLIFTING COACHES ONLY, not wives, children, ADs, or friends.
* REGION 2 DIVISION 1 REGIONAL CHAMPIONSHIP shirts will be sold, also.

**Competition Rules**

* Be sure you understand the THSPA Rulebook. Our rules differ from that of the THSWPA.

Let me know if I can assist you with anything. sbwilliams@bisdmail.net (479) 234-5991