

Lift	Lifter	School	Record	Year
Squat	Agren Payne	Pittsburg	400	1998
Bench	Terrance Hunt	Diboll	245	2003
Deadlift	Mark Lloyd	Pittsburg	410	2001
Total	Mark Lloyd	Pittsburg	980	2001

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Lift	Lifter	School	Record	Year
Squat	Daniel Medina	Union Hill	450	2004
Bench	Alex Silva	Mildred	260	1993
Deadlift	Jonathan Yarbrough	Center	460	2002
Total	Daniel Medina	Union Hill	1100	2004

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Lift	Lifter	School	Record	Year
Squat	Willie Willis	Huntington	500	2007
Bench	Willie Willis	Huntington	285	2007
Deadlift	Brian Dews	Arp	470	1998
Total	Willie Willis	Huntington	1150	2007

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Lift	Lifter	School	Record	Year
Squat	Willie Willis	Huntington	600	2008
Bench	Willie Willis	Huntington	315	2008
Deadlift	Howard Taylor	Lindale	535	2005
Total	Howard Taylor	Lindale	1340	2001

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Lift	Lifter	School	Record	Year
Squat	Brett Barnes	Crandall	555	2002
Bench	Cale Barnes			2008
Deadlift	Billy Majors	Scurry	375	1992
Total	Billy Majors	Scurry	600	1992
	Billy Majors	Scurry	1465	1992

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Lift	Lifter	School	Record	Year
Squat	Clayton Kendrick	Van	580	2009
Bench	Clayton Kendrick	Van	380	2009
	Billy Majors	Scurry		1993
Deadlift	E. Williams	Newton	600	1992
	Billy Majors	Scurry		1993
Total	Billy Majors	Scurry	1550	1993

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Lift	Lifter	School	Record	Year
Squat	Blake Smedley	Winnsboro	640	2005
Bench	Kennard Henderson	Pleasant Grove	365	2008

Deadlift	Karlidas Beechum	Carthage	645	2005
Total	Karlidas Beechum	Carthage	1570	2005

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Lift	Lifter	School	Record	Year
Squat	Tim Lackey	Bullard	640	2007
Bench	Quinton Thomas	Gladewater	405	2009
Deadlift	C. Brooks	Newton	700	1992
Total	Tim Lackey	Bullard	1610	2006

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Lift	Lifter	School	Record	Year
Squat	Terrell Henson	Winnsboro	725	2005
Bench	Reginald Promise	Fairfield	405	1999
	Terrell Henson	Winnsboro		2005
Deadlift	TJ Jones	Pleasant Grove	665	2007
Total	Terrell Henson	Winnsboro	1690	2005

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Lift	Lifter	School	Record	Year
Squat	Montaine Harrison	Queen City	705	1998
Bench	Reginald Promise	Fairfield	435	2000
Deadlift	Robert Richards	Center	675	2002
Total	Robert Richards	Center	1725	2002

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Lift	Lifter	School	Record	Year
Squat	Aaron Gonzales	Palestine Westwood	820	2009
Bench	Vance Thurston	New Boston	470	2004
Deadlift	Yewerist Deramus	Carthage	650	2004
Total	Oran Lewis	Brownsboro	1850	2006