



The Region 3 Division 2 & 3 Regional Meet will be on **March 12, 2011** at Eagle Coliseum in Rusk, TX.

- **Lifting**
  - ✓ Begins at 8:30 a.m.
- **Platforms**
  - ✓ There will be 6 platforms, 3 for each division. Flights are as follows:

Flight 1		
<b>Platform 1</b>	<b>Platform 2</b>	<b>Platform 3</b>
114, 123	165, 181	242, 275

  

Flight 2		
<b>Platform 1</b>	<b>Platform 2</b>	<b>Platform 3</b>
132, 148	198, 220	SHW

- **Bring with you:**
  - ✓ [Eligibility form](#) - Signed by your Principal or Superintendent
  - ✓ [Scholarship Applications](#) (Optional) For senior lifters who would like to be considered for a \$1,000 scholarship to help with college expenses.
  - ✓ Check for **\$30.00 per lifter** payable to: **Rusk Athletics\***

*\*Your school becomes responsible for your lifter(s) entry fee at 4:00 p.m., Monday, February 28. Please notify me on or before the deadline if your lifters can't compete or you will be responsible for their entry fee.*

*\*No payment is necessary for alternates.*

**PLEASE have SEPARATE CHECKS for meals and entry fees.**

- **Alternates**
  - ✓ If you have lifters ranked in the top 20, bring them with you as there may be no-shows or lifters who do not make weight.
- **Weigh In**
  - ✓ Friday early weigh in: 5:00 to 6:30 P.M.
  - ✓ Saturday morning weigh in: 6:30 to 8:00 A.M.
- **Coaches / Judges Meeting**
  - ✓ 8:00 to 8:30 in the Practice Gym in the Coliseum.
- **Admission**
  - ✓ \$5.00
- **T-shirts**
  - ✓ \$10.00



- **Programs**
  - ✓ \$2.00
- **Lunch**
  - ✓ There will be a lunch served for the coaches.
  - ✓ Lunches for the athletes: The cost will be **\$6.00** each. Make checks for athlete's lunches payable to **Rusk Athletic Boosters**. There will also be a concession stand.
- **Lodging**
  - ✓ If you plan on staying in a hotel the night before the meet, there are a few hotels in Rusk and Jacksonville. However, you may have to stay in Tyler, Lufkin or Palestine. Plan on a 45 minute drive from those places.

<a href="#"><u>Weston Inn &amp; Suites</u></a> 1600 N. Dickinson Rusk, TX 75785 <i>Off of Hwy 69</i>	<b>Phone:</b> 903-683-8383 <b>Fax:</b> 903-683-.8263
<a href="#"><u>Southern Motor Inn</u></a> 300 N. Dickinson Dr. Rusk, TX 75785 <i>Off of Hwy 69 S. in Rusk, TX</i>	<b>Phone:</b> 903-683-2688
<a href="#"><u>La Quinta Inn &amp; Suites</u></a> 1902 S. Jackson Street Jacksonville, TX 75766 <i>Off of Hwy 69 S. in Jacksonville, TX</i>	<b>Phone:</b> 1-903-586-6504
<a href="#"><u>Best Western Executive Inn</u></a> 1659 S Jackson Street Jacksonville, Texas, 75766-3027 <i>Off of Hwy 69 S. in Jacksonville, TX</i>	<b>Phone:</b> 903-586-0007 <b>Fax:</b> 903-586-0010
<a href="#"><u>Holiday Inn Express Jacksonville</u></a> 1848 S Jackson St Jacksonville, TX 75766 <i>Off of Hwy 69 S. in Jacksonville, TX</i>	<b>Phone:</b> (888) 897-0084

- **Restaurants:**
  - ✓ [Link to Rusk Restaurants](#)
  - ✓ [Link to Jacksonville Restaurants](#)